

**LIGHT  
THE GRILL NOT A  
CIGARETTE**



***Second Quarter Enrollment opens in April!***

## **FREEDOM FROM SMOKING LUNG HELPLINE**

Do you want to quit but don't know where to start? Here is your chance!

As an employee of Royal Oak you and your spouse have access to an 8 week tobacco cessation program.

**See Patti Heard in Human Resources or  
your Plant Administrator for more  
information and an enrollment form.**

